A basic training 1-day Media Training could look like this

The exact agenda I will develop as soon as I learn about your specific goals, needs and interview topics, but here is an example of a possible agenda for my Media Training:

- Welcome / Agenda of the Day
- Short trainer Input 1:
 - Do's and Don'ts of Media Contacts
 - An Insight into the "Journalistic World"
 - Difference between print radio TV online
 - On the record / off the record
 - Basic legal aspects
- Tricks & Tools: Part 1 The shortest form
 - The statement 5 sentences to answer a journalistic question!
 - Practical exercises: Short taped interviews with video feedback!!!
 - Individual verbal & non-verbal communication
 - Key messages & arguments
- Tricks & Tools: Part 2 How to prepare an interview
 - Mind maps and "escalator tool"
- The 4 Rules of Comprehensibility
- Further Training: Interviews, interviews, interviews (live & edited)
 - o Telephone
 - Television
 - o Radio
 - o Print
- Crisis Training: Controversial, investigative interviews
- Feedback on further individual development